



# Ivria G. Fried

**PARTNER**

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## MEMBER OF THE BAR

Massachusetts  
United States District Court  
for Massachusetts  
United States Court of Appeals,  
First Circuit  
United States Court of Appeals,  
District of Columbia

Ivria Glass Fried graduated magna cum laude from the University of Vermont with a degree in a Political Science and Sociology and summa cum laude from Vermont Law School with a Master of Environmental Law and Policy. She received her law degree from Northeastern University School of Law, where she was a semifinalist in the Pace National Environmental Law Moot Court Competition.

Ms. Fried has been selected to the Super Lawyers® list of Massachusetts Rising Stars for Environmental Law for seven years running (2017-2023). In 2020, she was named an "Up & Coming Lawyer" by Massachusetts Lawyers Weekly®.

Ms. Fried concentrates her practice on general municipal governance, environmental, land use, and energy law, licensing matters, and implementation of open government requirements. Ms. Fried has litigated in Massachusetts and federal courts, as well as in administrative proceedings before the Department of Environmental Protection, the Energy Facilities Siting Board, and the Department of Public Utilities.

## ACADEMIC BACKGROUND

**Juris Doctor** Northeastern University  
**Master of Environmental Law and Policy** Vermont Law School  
(*summa cum laude*)  
**Bachelor of Arts** University of Vermont  
(*magna cum laude*)

## PROFESSIONAL EXPERIENCE

**Partner** 2014-present  
Harrington Heep, LLP  
(formerly Miyares and Harrington LLP)

**Associate** 2013-2014  
Law Office of Stuart J. Farkas

**Legal Intern** 2013  
Department of Justice,  
Environmental Enforcement Section  
Washington, D.C.

**Law Clerk** 2013  
Anderson & Kreiger, LLP

**Legal Intern** 2012  
Conservation Law Foundation

**Legal Intern** 2012  
Earthjustice, San Francisco, CA

**Judicial Intern** 2011  
Massachusetts Appeals Court  
Associate Justice Cynthia J. Cohen

## COMMUNITY SERVICE

**Vice President** 2023-present  
**Executive Board Member** 2018-present  
Massachusetts Municipal  
Lawyers Association

**Legal Food Hub Advisory Council Member** 2023-present  
Conservation Law Foundation

**Co-Chair** 2019-2021  
Wetlands, Waterways and Water Quality  
Committee, Boston Bar Association

**Conservation Committee Member** 2014-2015  
City of Cambridge